



## HERE YOU CAN FIND US

FRAUEN\*ZENTRUM  
Kornstr. 13, 28201 Bremen

### Contact Information:

Tel. 0421 53 28 89

(Reachable on Fridays 9.00-12.00h and  
13.30 - 15.30h)

[frauenzentrum@solidarische-hilfe.de](mailto:frauenzentrum@solidarische-hilfe.de)



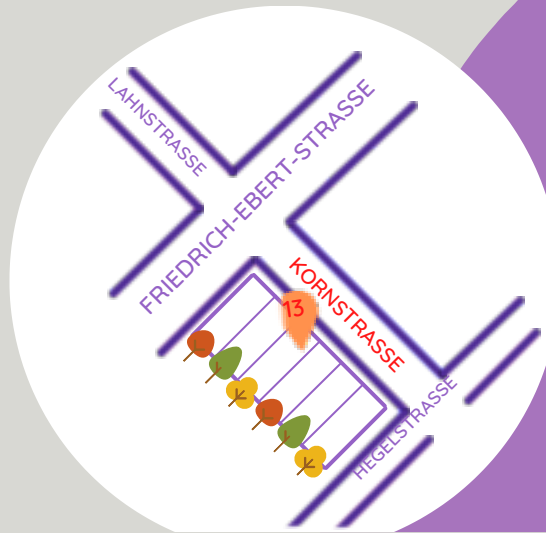
Solidarische Hilfe e.V.

Donation Account:

Keyword: Frauen\*zentrum

IBAN: DE20 2905 0101 0001 0058 59

BIC: SBREDE22XX





## CONFIDENTIAL AND IMPARTIAL (ANONYMOUS) CONSULTATION

- When separating from partners or other important attachment figures
- In private or professional crisis situations
- Concerning livelihood security and social benefits (ALG I/II, basic security)
- About family benefits (child benefit, alimony)
- Concerning an independent financial situation
- Coping with little money and scarce resources.
- Dealing with prejudices about living in the "wrong" neighborhood or buying "out of fashion" clothes

## WHO WE ARE AND WHAT WE DO

- The project Frauen\*zentrum exists since February 1992 and is a project of Solidarische Hilfe Bremen e.V..
- We want to fight poverty situations and their causes
- We stand up for women\* rights and social rights
- We are open to all women\* who are looking for support or exchange - regardless of age, nationality/culture, sexual identity or handicap.

## WHAT IS IMPORTANT TO US

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- We offer help for self-help and want to create space for empowerment
- We see individual problems as consequences of different forms of inequality and exclusion
- We take you seriously and are open to your suggestions and ideas